

Did you know?

+60K

LIVING WITH

ALZHEIMER'S

IN SAN DIEGO

Did you know?

150K

SAN DIEGANS

CARING FOR A

LOVED ONE

Did you know?

Alzheimer's
disease is
America's



MOST EXPENSIVE DISEASE
\$214 BILLION A YEAR

Did you know?

BY THE YEAR 2050

HALF OF ALL
BABY BOOMERS
WILL BE LIVING
WITH ALZHEIMER'S

Did you know?

1 IN 5

MEDICARE DOLLARS ARE
SPENT ON ALZHEIMER'S

Did you know?



ALZHEIMER'S
IS FATAL

NO TREATMENT
NO CURE

Did you know?

#3

Alzheimer's
disease is the

CAUSE OF
DEATH IN
SAN DIEGO

Age is the
primary risk
factor for
Alzheimer's
disease.

1 in **9**
people over
the age of 65
are affected

Every **67**
seconds,
someone in
the U.S.
develops
Alzheimer's
disease

Did you know?

2X **WOMEN IN THEIR 60's ARE**
AS LIKELY TO DEVELOP
ALZHEIMER'S **THAN**
BREAST CANCER

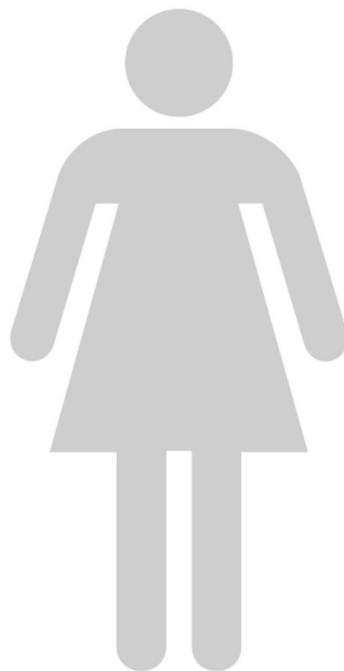
Alzheimer's disease is a women's health issue

1 in 6

Women over the age of 60 will develop Alzheimer's.

2/3

Individuals suffering from Alzheimer's are women.



2.5

Times more women providing care for a loved one with Alzheimer's.

60%

Of caregivers are women.

WE BELIEVE

that in the absence of a cure and effective therapies,
good care is the best medicine we have.

YOU ARE NOT ALONE.
WE CAN HELP!

Call us at

858.492.4400

or visit www.alzsd.org



30,000

Individuals served through our programs and services

in 2015

Talk with an **ALZ Expert**



Have questions? Need assistance? Not sure where to start? Our team of **social workers** is ready to help, via telephone support, or in-person family care consultation.

Community Education



A variety of **classes** and **workshops** are available for those with memory loss and those who care for them. All classes are free and open to the public. *Clases en español están disponibles para grupos de la comunidad que las soliciten.*

Support & Discussion Groups



We offer a range of support and discussion groups throughout San Diego County, where people with common experiences and concerns gather for **encouragement, comfort, and advice.**

TakeCharge!

Early Memory Loss Series

An 8-week **educational support** series, designed for those newly diagnosed or living with early memory loss and their families.

Social Programs



Join us on Friday mornings for **fun activities** designed for persons with memory loss and their care partners: Memories in the Making[®], Music Centered Wellness, Movement & Motion, and more!



Our screened and trained Companion Volunteers provide **companionship, socialization, and supervision** for a person with dementia, allowing family members a regular opportunity to take a much-needed break.

Medic Alert[®] SAN DIEGO

- 24-hour nationwide emergency response service
- Activates community support network to reunite family member/caregiver with the person who wandered

60% of
persons with
dementia
will wander





A region-wide database that provides law enforcement with photographs and crucial information, minimizing response time and **maximizing search efforts** if a person with dementia wanders and becomes lost.

Collaboration4Cure



A groundbreaking initiative led by Alzheimer's San Diego, the City and County of San Diego, and San Diego's premier research institutes to come together and

combine resources in order to accelerate research and drug discovery projects to **find a cure** for Alzheimer's disease, right here in San Diego.

Walk4ALZ



Each October, join us in Balboa Park or Oceanside Pier for San Diego's premier Alzheimer's walk, **raising awareness and funds**. *Alzheimer's San Diego is an independent, local non-profit organization, and 100% of your tax-deductible donations stay in San Diego.*

YOU ARE NOT ALONE - WE CAN HELP!

Call us today 858.492.4400
Support, Care, Information & Resources

Alzheimer's | **SAN DIEGO** | 858.492.4400 | www.alzsd.org