



PUBLIC AUTHORITY
In-Home Supportive Services
San Diego County

National Caregivers Training Program

This FREE 6-session course is de-signed to help IHSS Providers acquire the care giving skills needed to perform safe and confident home care.

The class, which will be held once-twice per week for 3 hours, is free and open to all Registry and Non-Registry Providers. Non-Registry Providers will receive priority scheduling to attend an Application Workshop if they are interested in joining the Registry.

Classes include instruction on:

- **Caring for someone on bed rest**
- **Personal Care**
- **Safe Wheelchair Use**
- **Medication Management**
- **Infection Control**
- **Fall Prevention**
- **Fire Safety**
- **Many More Topics**

Upcoming Courses:

Kearny Mesa: 10/12/15 through 10/30/15, Monday & Friday, mornings (English)

Kearny Mesa: 11/2/15 through 11/20/15, Monday & Friday, mornings (English)

Kearny Mesa: 11/3/15 through 11/19/15, Tuesday & Thursday, afternoons (English)

Kearny Mesa: 12/1/15 through 12/17/15, Tuesday & Thursday, afternoons (English)

Kearny Mesa: 12/2/15 through 12/18/15, Wednesday & Friday, mornings (English)

**Please contact the Registry at 1-866-351-7722 if you are interested in attending one of the 3 week courses listed above. Please note you must be scheduled for a class in order to attend.

Quality Service = Quality Care

780 Bay Blvd. Ste. 200, Chula Vista, CA 91910 • 866.351.7722 • www.sdihsspa.com