

IN-HOME SUPPORTIVE SERVICES/PUBLIC AUTHORITY ADVISORY COMMITTEE
May 12, 2023, 12:45 PM

COC- County Operations Center
5560 Overland Ave
3rd Floor, Joaquin Anguera Training Room
San Diego, CA 92123

Zoom Meeting:

<https://us02web.zoom.us/j/8597078275?pwd=bFkxa2tGMGJvL0xLNU5xS3RrYlZrdz09>

Meeting ID: 859 707 8275

Passcode: 172598

I. CALL TO ORDER: The meeting was called to order at 12:48 PM.			
A. Attendance			
Members		Excused Members	Guests
Nadine Branch Yolanda Ivy Marissa "Rissa" Chavez Erica McClure Ethel Larkins	Angela Vittucci Charles Kirtley Nicanora Montenegro Rusty Krumm		Don Howard Jacqueline Jackson Chris Mendez Vivian Delnero Madeline Esteban Gonzalez
Alternates	AIS/IHSS Staff	IHSS Public Authority	
	Charity Lerma Hien Tran	Thomas H. Johnson Ana Molina Andrea Villa Meredith McCarthy	Earlean Ronald Bradford Denise Montenegro
Item	Outcome/Discussion		Action Items
II. ESTABLISHMENT OF QUORUM: Done.			
III. PLEDGE OF ALLEGIANCE: Done.			
IV. INTRODUCTIONS: Everyone in attendance introduced themselves.			
V. MEETING CODE OF CONDUCT REVIEW: Rissa reviewed the IHSS/PA Advisory Committee Meeting Code of Conduct.			
VI. APPROVAL OF AGENDA: Nadine asked for approval of the agenda. Nicanora motioned to approve the agenda. Ethel seconded it. Motion carried.			
VII. APPROVAL OF MINUTES: Nadine asked for approval of the minutes. Yolanda motioned to approve. Erica seconded it. Motion carried.			
IIIX. BOARD LETTERS AND MEMOS: None			
IX. CHAIR REPORT: Nadine informed the group that Administrative Professionals Day was observed this year on April 26, 2023. She recognized Ana for her work as the staff person for the committee. Nadine also reminded committee members that she has sent out information regarding Budget Hearing meetings. She informed members that they can attend virtually.			

X. PRESENTATIONS (discussion and possible action): Alzheimer's Research (Sharp Healthcare) – Esteban Gonzalez: Esteban provided information on dementia. He explained what dementia is and what the symptoms are. He also reviewed the different types of dementia, their symptoms, and when the onset typically starts. Esteban spoke about the current dementia research.

He outlined the three main causes which are, amyloid deposition, tau aggregation, and chronic inflammation. He explained that research is being conducted, at the Sharp Neurocognitive Research Center, on medications that can help treat early dementia. The treatments include anti-amyloid, anti-tau, and anti-inflammatory medication. Esteban explained the importance of diverse participation and studying data from diverse populations. He noted that participants in typical clinical trials for neurological indications, including Alzheimer's Disease and other dementias, are about 75% white. Esteban listed a series of reasons why individuals of different races often refrain from participating in clinical studies. Esteban also spoke about the burden on caregivers. He talked about the cost of caregiving and caregiver burnout. Burnout can lead to a variety of mental health issues, such as depression, stress, and anxiety. Esteban listed "10 Ways to Love Your Brain." The list included: exercise, reading/studying, not smoking, monitoring heart health, protecting oneself from head injuries, maintaining a healthy diet, getting enough sleep, social engagement, and challenging one's mind.

XI. REPORTS

<p>A. AIS Council</p>	<p>Ethel reported that she attended the second in-person AIS Council Meeting. She said they discussed the budget and some changes that were being made. She went with the nutrition committee to the Del Cero Family Center for lunch. There were also activities for seniors after lunch. The nutrition committee will continue to visit various community sites. Ethel also reported that she met with the nominating committee. Ethel volunteered for the Advisory Committee table at the SanDI/ECAN event, but when she arrived, she was informed the committee was not registered. There were also no walk-in spaces available. The committee will work with PA staff to improve communication for future event registration. Regarding the County Budget, she informed members that it is outlined in a 700-page document. She recommended that members obtain a hard copy so they can easily find the section they are looking for. Erica suggested that a PDF search can be done on an electronic document to locate sections online.</p>	
<p>B. Membership Committee</p>	<p>Charity shared the membership updates. Membership is full. Ethics training is pending for two individuals, and they have been informed.</p>	
<p>C. Community</p>	<p>Nicanora reported that she participated in a Watch Party day on April 26, 2023. She explained that the California Domestic Workers Coalition organized the Watch Party. Watch party participants were broadcasted via Zoom to a meeting in Sacramento. In Sacramento, domestic workers and organization representatives met with legislators to help pass bill SB686. If passed, the bill will protect domestic workers under CAL-OSHA. SB321 was the initial bill that called for a formation of a committee. SB686 is the implementation. She announced that on May 17, 2023, there will be another rally in Sacramento in support of bill SB686. On April 28, 2023, there was a CARA (California Association of Retired Americans) Rally Day. CARA supported four bills. The bills included were: AGR4 (Medicare Protection Act), SB37(Older Adults</p>	

	and Adults with Disability Housing Stability Act 2023), SB253 (Climate Corporate Data Accountability Act), and SB1672 (IHSS Employer-Employee Relations Act). Nicanora explained that SB1672 relates to collective bargaining with the County. She explains IHSS providers bargain for pay and benefits in their corresponding counties. This is why many counties have different pay and benefits compared to one another. She said that some counties are difficult to bargain with or do not have a standing contract, which creates instability. SB1672 would ensure that bargaining is conducted at the State level rather than the County. Nicanora said this would give all IHSS providers the same benefits. Nicanora also shared that on May 1, 2023, there was a rally to celebrate International Laborer's Day. The rally was held in Barrio Logan and various unions and organizations attended it.	
D. IHSS	Charity reported that their social work supervisor recruitment recently closed. They are actively working towards filling supervisor positions soon. They have been actively recruiting social workers to address the growing caseloads in the program. The social work supervisor interviews will take place in the upcoming weeks/months. She provided information on the Seniors Landing Bridge Shelter pilot. The shelter is a non-congregate shelter for seniors 55 years of age or older. Social services can be provided to them in this setting as well. The shelter is meant to house seniors during a transitional period while permanent housing placement is pending. Charity introduced Hien Tran, who is a training social work supervisor in the County Operations Center, located on Overland Ave.	
E. UDW	Chris reported that UDW will be involved in the San Diego Food Bank drive on May 13, 2023. He shared that they are still looking for volunteers. Chris also reported that UDW will have its food distribution on May 26, 2023. Chris shared that UDW will participate in various community events like Juneteenth and Pride. He informed the committee that the District Membership meeting has been moved and will take place in June in the Central San Diego area. He reported that UDW was in Sacramento to support SB1672.	
F. CICA	Nadine reported that CICA is still working on making videos for consumers. They are working with Homebridge for that training. CICA is having its annual meeting after its statewide meeting on May 17, 2023.	
G. Public Authority	Financial Report: Thomas reviewed the committee's financial report and informed them of their remaining balance. He asked them to keep in mind that CICA dues will be deducted from the final total, as well as stipends. He informed the committee that the remaining balance does not carry over and that he has sent out guidelines that provide information on how the committee may spend its funds. Thomas shared that he received information from CAPA, which suggests that the committee may be awarded an additional \$2,000 in next year's committee budget. Thomas shared that additional funds may be awarded due to the committee being very active. Brown Act: Thomas informed the committee that as an advisory committee that based on the County guidelines, they can send a letter to the Health and Human	

Services Agency Director if the committee would like to formally support Brown Act initiatives that allow them to meet virtually. Following the Agency Director's review, this would then be routed to Office of Strategy and Intergovernmental Affairs. This would allow the County to determine if it the committee's request aligns with the County's position. Their recommendation would then go to the Chief Administrative Officer. After that, it would potentially be recommended for placement on the Board of Supervisors agenda. The other option is for committee members to communicate their stance as an individuals in order to explain how the Brown Act affects them. **Public Authority (PA)**

Budget: Thomas presented the key highlights of the recommended budget for the 23-24 fiscal year, which was also included in the recommend budget that was forwarded to the Board of Supervisors on May 11, 2023. Adoption of the budget is critical for the Public Authority to continue to serve approximately 34,000 IHSS Providers, who serve approximately 38,000 IHSS Recipients throughout San Diego County. Thomas reviewed the increased amounts and the allocations. The increases included funds for salaries and benefits, twelve additional positions, services, and supplies, benefits for IHSS Caregivers, personal protective equipment, and transportation passes for caregivers. Thomas explained that the twelve additional positions would be part of a mobile unit to expand the PA's reach throughout the County. The mobile unit services would be comprised of the State mandated provider enrollment, Registry provider recruitment, and other provider training, including Career Pathways. This will help the PA reach its goal of decreasing hospitalizations and out-of-home placements for IHSS recipients. Additionally, there was an increase of \$731,000 to fulfill mandates requiring the PA to upgrade three core IT technology systems. The mandates are required by the County to keep the technology systems compliant. Thomas stated that the goal is that the budget will drive an increase of providers, access to training, and provide PA staff the tools to service the providers. Thomas added that the PA has seen a great benefit to providers being offered in-person timesheet training at the Mile of Cars location. The PA plans to expand the service throughout the County.

XII. OLD BUSINESS (discussion and possible action):

- A. **Goals Review:** Marissa reviewed the committee's goals and accomplishments.
- B. **Art Design for Committee Tablecloth:** Ana will send out a poll to the committee so they may approve the final design choice.
- C. **Purchase of Items for Outreach:** Ana presented a quote from the vendors and the order for items for outreach is pending the selection of a logo.
- D. **AB817:** Nadine reported that CICA has informed her that Assembly Bill AB817 has been put on hold. She recommended that the committee should still create a letter to send to the Health and Human Services Agency Director for review. Thomas informed the committee that other bills are pending, in support of teleconferencing for committee members, and that CICA and CAPA both support those bills.

XIII. NEW BUSINESS (discussion and possible action):

A. **CICA Dues:** Thomas reviewed the CICA invoice. The dues are a total of \$750 for the year. Nadine suggested raising the amounts due to the lack of participation from other Counties. Thomas noted that the committee's budget may not allow for that considering purchases and stipends are pending. The committee voted to pay \$750. Ethel motioned the vote. Rissa seconded it. Motioned passed with eight votes.

XIV. PUBLIC COMMENT: A member of the public commented that she went over the minutes from last month to learn more about the committee. She stated that she is interested in learning more about the program. She is a caregiver for her daughter and her husband. She said that it was good to learn about how the committee works and that they are available as a resource. She is interested in continuing to participate.

XV. MEMBER COMMENT: Rissa announced that the IEP (Involved Exceptional Parents) Day will be held at the Town and Country on May 13, 2023. Erica added that it is an event for children as well as adults. Erica also announced that it was National Caregivers Week, she wanted to recognize all of the committee members who are caregivers, and she wished them a Happy Mother's Day. Nicanora announced that she is hosting an event at the National City Public Library on May 27, 2023. She invited the committee to participate.

XVI. NEXT MEETING AGENDA: June 9, 2023

XVII. ADJOURNMENT: Nadine adjourned the meeting at 3:05 PM.

Minutes respectfully submitted by Ana Molina.